



EMPLOYMENT COACHING FOR PEOPLE WITH PARTIAL WORK ABILITY

Support towards employment, education and personal goals

Employment coaching for people with partial work ability is an individual service designed to help you identify your strengths and move towards employment, education or other future opportunities. Coaching is tailored to your personal situation, work ability, functional capacity and goals.

WHO IS IT FOR?

The service is intended for job seekers who need individual support in finding employment, maintaining employment or clarifying their future plans. It is especially suitable for people facing challenges related to work ability.

WHAT DOES THE COACHING INCLUDE?

- assessing work ability, functional capacity and life situation
- identifying skills, strengths and interests
- creating a personal action plan
- support with job searching, CVs and applications
- preparing for job interviews
- exploring employment, education and rehabilitation options
- cooperating with employers and other service providers

BENEFITS OF COACHING

This coaching helps you:

- recognize your strengths and opportunities
- strengthen your employability skills
- clarify future plans and goals
- progress towards work, education or another suitable option
- improve your work ability and everyday functioning

ADDITIONAL OPPORTUNITIES

Where appropriate, the possibility of completing employment-supporting certificate training, such as Occupational Safety, Hygiene Passport or Hot Work Certification, may be assessed.

DURATION AND IMPLEMENTATION

Coaching is tailored to individual needs and can last up to 12 months. Meetings are arranged according to individual needs, with a minimum of 2 hours per month.

Coaching is primarily provided one-to-one, either in the client's own environment, remotely, or in accessible facilities in Hyvinkää (Karankatu 3-5).